

HEARTLAND TRAINING TEAM

PEPPER SPRAY SELF DEFENSE

TITLE: *Self Defense with non-lethal Pepper Spray.*

DESCRIPTION: This course covers the product selection, spray types, defensive tactics, spray techniques and decontamination procedures to be used when carrying a less-than-lethal force alternative such as OC spray.

CLASSROOM TIME: *Approximately 3 Hours (Does not require the student to be sprayed)*

FEE: \$20.00

HERE'S SOME OF WHAT YOU'LL LEARN:

What is Pepper Spray (*Oleoresin Capsicum*)?

What are the effects of OC? How long is my assailant incapacitated?

Recognizing the threat, reducing the threat if possible and determining how and when to use non-lethal force.

Apply state-of-the-art tactical concepts such as spraying techniques, proper defensive positions, methods of movement, multiple opponent defense, etc.

Understanding the effects of OC spray, identifying factors which justify OC use.

WHAT YOU NEED TO BRING:

A notepad and pen. A willingness to learn and enjoy a unique experience.

IMPORTANT: *EARLY REGISTRATION AND PREPAYMENT OF THE COURSE FEE IS REQUIRED TO ENSURE A PLACE IN THE CLASS. APPLICATION AND FEES MUST BE RECEIVED 3 WEEKS PRIOR TO THE COURSE DATE*

The Heartland Training Team
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